



A Local Guide to Services

To support people with a disability,
their families and carers



**DisAbility
Sector
Network**
BUNDABERG REGION

WEBSITES OF INTEREST

Angelman Association (Qld) www.angelmansyndromeqld.org
 Arthritis Foundation of Qld www.arthritis.org.au
 Australian Communication Exchange www.aceinfo.net.au
 Australian Paralympic Committee www.paralympic.org.au
 Australian Physiotherapy Association www.physiotherapy.asn.au
 Autism Behavioural Intervention Queensland www.abiq.org
 Autism Queensland Association www.autismqld.com.au
 Better Hearing Australia www.betterhearing.org.au
 Blind Citizens Australia www.bca.org.au
 Brian Injury Association www.braininjury.org.au
 Bundaberg Community Development www.bcd.org.au
 Bundaberg Regional Council www.bundaberg.qld.gov.au
 Carers Queensland www.carersaustralia.com.au
 Centrelink www.centrelink.gov.au
 Cerebral Palsy League of Qld www.cplqld.org.au
 Cornelia de Lange Syndrome Association www.cdlsaus.org
 CRS Australia www.crsaustalia.gov.au
 Deaf Services Queensland www.deafservicesqld.org.au
 Department of Communities www.communities.qld.gov.au
 Department of Education, Employment & Workplace Relations www.dest.gov.au
 Department of Education and Training www.education.qld.gov.au
 Department of Families, Housing, Community Services and Indigenous Affairs www.facs.gov.au
 Department of Health www.health.qld.gov.au
 Diabetes Australia (Qld) www.diabetesqld.org.au
 Epilepsy Queensland www.epilepsyqueensland.com.au
 Human Rights & Equal Opportunity Commission www.hreoc.gov.au
 LifeTec Queensland www.lifetech.org.au
 Mental Health Association of Qld www.mentalhealth.org.au
 Multiple Sclerosis Society of Qld www.msqld.org
 Muscular Dystrophy Association Australia www.mda.org.au
 Nutrition Australia www.nutritionaustralia.org
 Parkinsons Queensland www.parkinsons-qld.org.au
 People with Disability www.pwd.org.au
 Queenslanders with a Disability Network www.qdn.org.au
 Spina Bifida & Hydrocephalus Queensland www.spinabifida.org
 Vision Australia www.visionaustralia.org



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*This guide has been brought
to you by the:*



The Network is an open forum for the Disability Sector and other interested persons to identify and respond to issues, develop strategies and to share information and resources.

Proudly sponsored by:



Commonwealth Respite and Carelink Centres

Jack Dempsey MP
Shadow Minister for Child Safety
Shadow Minister for Sport
Member for Bundaberg



*For further information or a new/changed listing
please contact:*

Bundaberg Family Relationship Centre
(07) 4130 7500 or 1300 885 373

ST JOHN AMBULANCE AUST. (QLD) – TRANSPORT ACCESS PROJECT

Offering transport to HACC Eligible Clients in the Bundaberg and surrounding areas including transport for Social, Shopping, Medical and Respite. Community and group bookings available.

Street Address: Cnr Mulgrave & Electra Streets Bundaberg

P: (07) 4151 1824

E: tapwidebay@stjohnqld.com.au

Web Site: www.stjohnqld.com.au

TRANSCARE (TRANSPORT SERVICE) - CENTACARE

Transport for HACC Clients.

Street Address: 79 Woongarra Street Bundaberg

P: (07) 4154 4960

E: lizw@centacarebundaberg.com.au

WANDINY HOME AND COMMUNITY CARE

Transport for Service Users.

Street Address: QRI Hall McLean Street Bundaberg

P: (07) 4153 6616 | (07) 4153 6670

M: 0408 536 616

E: bathcc@bigpond.com

YMCA DISABILITY SERVICE

Transport for Service Users.

Street Address: 7 Quinn Street Bundaberg

P: (07) 4132 8226

E: amanda.stockill@ymca.org.au



TRANSPORT

Please note, specific support may vary from service to service and you are encouraged to use the contact details provided to access further advice.

BURNETT RESPITE SERVICES INC (CARINBUNDI)

Transport for Service Users.

Street Address: 52A Hinkler Avenue Bundaberg

P: (07) 4151 3510 **E:** carinbundi@carinbundi.com.au

Web Site: www.carinbundi.com.au

IMPACT MAKE YOUR MARK

Transport for Service Users.

Street Address: 106-108 Bargara Road, Bundaberg

P: (07) 4153 4233 **Freecall:** 1800 179 233

E: mail@impact.org.au **Web Site:** www.impact.org.au

ISIS COMMUNITY CARE

Transport for service users

Street Address: 69 Churchill Street Childers

P: (07) 4130 4690 **M:** 0427 586 420

E: hacc@bundaberg.qld.gov.au **Web Site:** www.bundaberg.qld.gov.au

KOLAN COMMUNITY OPTIONS

Transport for Service Users.

Street Address: 39 Mulgrave Street Gin Gin

P: (07) 4130 4626 **M:** 0414 684 797

E: kcc@bundaberg.qld.gov.au

STEPS COMMUNITY SERVICES

Transport for Service Users.

Street Address: 21 Mulgrave Street Gin Gin

P: (07) 4157 2884 **M:** 0427 146 423 **E:** heatherr@steps.net.au

Web Site: www.steps.net.au

COMMUNITY LIFESTYLE SUPPORT

Transport for Service Users.

Street Address: Shop 5/245 Bourbong St Bundaberg

P: (07) 4151 3260 **M:** 0429 644 687

E: cara@communitylsinc.com.au

INFORMATION / REFERRAL

BUNDABERG FAMILY RELATIONSHIP CENTRE

Helping families build stronger relationships, pathways and referrals through:

Community Information & Referral to other services for people with disabilities and their families.

Resources - Access to our library of books & DVD's, online and phone services.

Guidance on developing working parenting arrangements after family separation including parenting plans.

Parenting Help - information about the impact of conflict on children

Street Address: 5 Bingera Street Bundaberg

P: (07) 4130 7500 or 1300 885 373

Web Site: www.familyrelationships.gov.au

COMMONWEALTH RESPITE & CARELINK CENTRE

'Carelink Information Provision' - Who can I turn to for information?

Information for older people, people with disabilities and those who provide care and services. Centres provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

You can contact your nearest Centre by phoning a national telephone number Freecall 1800 052 222.*

Carebus - Mobile Information Unit: The Carebus maintains a broad range of information related to: carers, seniors, health and well being, disabilities, mental health, medical conditions, government and service providers. The Carebus travels around the region to assist people requiring information and is available for open days, expos etc. To book – Freecall **1800 052 222***

'Services for Carers' – You Are Not Alone: A single point of contact when you require information, assistance or support to arrange respite care. Staff can assist you to take a break from your caring role based on your needs. Some of the services include:

- Explaining flexible respite care options available to you and referral to appropriate agencies
 - Residential respite booking service
 - 24 hour response to assist carers in emergencies
- For Carer specific services – **1800 052 222***

** Calls from mobiles are charged at applicable rates.*

CENTRELINK

Bundaberg Centrelink offers a range of government services and payments to help local residents. The office can offer advice on income support and family assistance as well as provide access to specialist staff including Social Workers, Financial Information Service Officers, Multicultural Service Officers, Indigenous Services Officers and Rural Services Officers. Bundaberg Centrelink also offers local jobseekers kiosks to look for job vacancies.

Customers can access a range of services online including checking their personal details via our self service option.

Street Address: 26 Woongarra Street Bundaberg

P: Appointments:131 021 Families: 136 150 Disabilities & Carers: 132 717

Web site: www.centrelink.com.au

DEPARTMENT OF COMMUNITIES (DISABILITY SERVICES)

Disability Services works in partnership with non-government service providers to help people with a disability and their families to access the information, support and services they need to through the different stages of their life. This includes providing:

Special Disability Service— information about support and services for people with a **disability** in Queensland or obtain copies of key Departmental publications or information about the Department's public activities

Funding - information about the Department's funding support programs, to register your need for support or to apply for funding.

Address: Ground Floor 46 Quay Street Bundaberg

P: (07) 4131 5417 Bundaberg

Web Site: www.disability.qld.gov.au

Local Area Coordination -A program which supports individuals with a disability and their families and carers in the local communities of Gin Gin, Childers and Mt Perry.

Street Address: Shop2/40 Mulgrave St Gin Gin.

P: (07) 4157 3356 or 0423 847 066

E: Gillian.Nicholl@communities.qld.gov.au

Disability Information Service - links to disability information and resources. You can contact this free, statewide service by phone, fax, email or telephone typewriter (TTY). **P:** (07) 3224 8444 | 1800 177 120
TTY: (07) 3896 3471 or 1800 010 222 **E:** disabilityinfo@disability.qld.gov.au

SPIRITUS COMMUNITY CARE

Provides services to the aged and disabled to allow them to remain in their own homes for as long as possible. Services are funded through EACH packages, CACPS packages, DVA, VHC, Fee for Services as well as other providers. We provide nursing, cleaning, hygiene, transport and social support services depending on need.

Street Address: 3/245 Bourbong Street Bundaberg

P: (07) 4186 9101

M: 0414 501 833

E: cblacklock@spiritus.org.au **Web Site:** www.spiritus.org.au

WANDINY HOME AND COMMUNITY CARE

Program aims to assist frail older people, younger people with disabilities and their carers who need basic support services to continue to live in the community and without which they would have to move prematurely into a hostel, nursing home or other inappropriate long term residential care facility.

Street Address: QRI Hall McLean Street Bundaberg

P: (07) 4153 6616 | (07) 41536670

M: 0408 536 616

E: bathcc@bigpond.com

YMCA DISABILITY SERVICE

The YMCA Disability Service operates seven days a week and offers support and assistance to people with a disability to meet their social, personal and interpersonal needs and goals. The service is individualised, flexible and personalised. Service users are assisted by qualified support workers to gain skills to provide opportunities to grow and develop as individuals and to integrate and access the local Bundaberg community. YMCA Disability Services also provides:

- Cooking & healthy lifestyle program
- Art and craft group
- Y-Ball ~ Increase fitness & coordination skills

Our friendly staff assist and encourage service users and their families to be involved in the planning and implementation of all programs and activities.

Street Address: 7 Quinn Street Bundaberg

P: (07) 4132 8226

QUEENSLANDERS WITH DISABILITY NETWORK INC

People with disability connecting for collective and affirmative action

Street Address: Suite 11, 7 O'Connell Terrace Bowen Hills

P: (07) 3252 8566 | Free call 1300 363 783 (cost of a local call)

E: qdn@qdn.org.au

Web Site: www.qdn.org.au

QUEENSLAND NARRATING SERVICE

Queensland Narrating Service is a not-for-profit organisation based in Brisbane, Australia. It is membership-based and has around 50 active members. Members are volunteer narrators who read and record books onto computer or cassette. These audio books are for people who have print disabilities. All enquiries are welcome including interest from prospective narrators and office volunteers.

Street Address: 20 Kent St Woolloongabba

P: (07) 3895 8555 **E:** qns@qns.net.au

Web Site: www.qns.net.au

SALVATION ARMY - COMMUNITY SERVICES WELFARE DIVISION

Food vouchers, food parcels, chemist prescriptions, emergency travel vouchers, drug and alcohol rehabilitation, counselling and clothing. Shed furniture sales. Family Store: 10B Tantitha Street Bundaberg.

Street Address: 5A/66 Targo Street Bundaberg

P: (07) 4151 8015

SOCIETY OF ST VINCENT DE PAUL BUNDABERG

Provide emergency relief to clients by way of food vouchers and food parcels. Other help available at discretion of welfare officers.

Street Address: 18 McLean Street Bundaberg

P: (07) 4151 5455

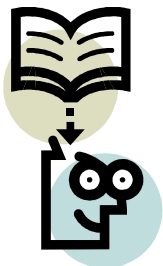
E: svdpbundaberg@ozemail.com.au

SPINAL INJURIES ASSOCIATION

Support networking for spinal injuries.

P: Chris (07) 4156 1639

E: chrisgrimes@optusnet.com.au



NEIGHBOURHOOD CENTRES

CHILDERS NEIGHBOURHOOD CENTRE

The Centre, auspiced by the Bundaberg Regional Council, provides a host of community information/support including:

- social activities for frail, aged, special needs people and younger disabled, telephone checking service on request,
- Monday social group open to whole community,
- Referral service, Centrelink information service,
- meals on wheels,
- medical aid hire - wheelchairs, walking frame, crutches, over toilet chair, walking stick and information where you can hire them if we don't have it,
- tax help for low-income families, new residents kits, emergency relief, Legal Aid Referral, Community Access Point, Family Support service,
- HACC services - Centre-based Respite, In-home Respite, Transport, Yard Maintenance, Domestic Assistance.

Street Address: 69 Churchill Street Childers

P: (07) 4130 4690 **M:** 0427 262 464

Email: cnc@bundaberg.qld.gov.au

GIN GIN NEIGHBOURHOOD CENTRE

The Centre, auspiced by the Bundaberg Regional Council, provides information, support and referrals, photocopying, laminating, word processing, administration assistance and community development. Services based at the Centre include: Centrelink, Women's Support Service, Centacare family support, Disability and aged care support, Tax help, Solicitor, Job Network, Sarina Russo, Legal aid, Housing and Skill centred.

Street Address: 39 Mulgrave Street Gin Gin

P: Coordinator (07) 4130 4630

Web Site: www.bundaberg.qld.gov.au

BUNDABERG & DISTRICT NEIGHBOURHOOD CENTRE

Information referral service, community workshops and education courses;

- Literacy/numeracy, speech therapy, free tax help, social groups, venue hire, Multicultural Community Worker, Migrant Settlement Worker,
- Child & Family Program, free legal advice sessions & support groups.

Street Address: 111 Targo Street Bundaberg

P: (07) 4153 1614 **E:** info@kenalwynbnc.org.au

Web Site: www.kenalwynbnc.org.au

ACCOMMODATION AND HOUSING

Please note, specific support may vary from service to service and you are encouraged to use the contact details provided for further advice.

BUNDABERG HOUSING SERVICES

Bundaberg Housing Service is a non-government, community based housing service. It provides a variety of housing, support and advisory services to residents of Bundaberg and the wider region.

Street Address: 254 Bourbong Street Bundaberg

P: (07) 4153 1239 **E:** info@bundaberghousing.org.au

BUNDABERG HOUSING SERVICES INC—TENANCY ADVICE & ADVOCACY

Tenancy Advice and Advocacy Service for all Private and Public Housing Tenants. We provide Community Education, Housing Resources, Information on Residential Tenancy Act, Information and referral for Department of Housing and assistance with Tribunal applications.

Street Address: 254 Bourbong Street Bundaberg

P: (07) 4153 2957 **E:** info@bundaberghousing.org.au

BURNETT RESPITE SERVICES INC (CARINBUNDI)

To provide a range of services to people with a disability in the Bundaberg Region. These include short term respite in both adult and children's facilities, supported accommodation, post school services, older parent carer planning and respite, day activity centre and emergency response resources

Street Address: 52A Hinkler Avenue Bundaberg

P: (07) 4151 3510 **E:** carinbundi@carinbundi.com.au

Web Site: www.carinbundi.com.au

COMMUNITY LIFESTYLE SUPPORT INC

Supporting Individuals with complex/ severe physical needs with their daily living requirements, such as personal care and other community access activities.

Street Address: Shop 5, 245 Bourbong St Bundaberg

P: (07) 4151 3260

MEALS ON WHEELS—BUNDABERG

Street Address: 10 Eastgate Street Bundaberg

P: (07) 4151 5825 | (07) 4152 7966 (Emergency)

E: bundymow@bigpond.com

MEALS ON WHEELS—CHILDERS

Meals cooked at the hospital and delivered by meals on wheels volunteers. Meals collected from the hospital around 11.30am. Frozen meals are available. Deliver within a 12km radius. This service is supported by Bundaberg Regional Council.

P: Childers Neighbourhood Centre—(07) 4130 4690

MEALS ON WHEELS—GIN GIN

Meals are provided to help the frail, younger disabled people and their carers to remain in their home within the community. A small fee is charged for the meals as the service is assisted by HACC funding.

P: (07) 4157 3324



NATIONAL DISABILITY ABUSE & NEGLECT HOTLINE

P: 1800 880 052 | TTY 1800 301 130

Web Site: www.disabilityhotline.org

NATIONAL RELAY SERVICE

The NRS is an Australia-wide telephone access service provided for people who are deaf or have a hearing or speech impairment. It is also available to anyone who wants to call a person with a hearing or speech impairment.

P: 24 hr relay call numbers TTY/Voice 133 677

Speak & Listen (SSR) 1300 555 727

Web Site: www.relayservice.com.au

PARENT TO PARENT ASSOCIATION QLD INC

P: (07) 5472 7072 | 1800 777 723

E: parent@parent2parentqld.org.au

Web Site: www.parent2parentqld.org.au

IN HOME CHILD CARE WIDE BAY

Provide professional, flexible childcare in the family home to families whose care needs cannot be met by mainstream services. Provides care for children in their own home by approved carers. Care is available for children from 0 to 16 years of age. The family meets one or more of the following criteria: the child has, or lives with another child who has an illness or a disability; the child's guardian (or guardian's partner) has an illness or disability that affects their ability to care for the child; the child lives in a rural or remote area; the work hours of the child's guardian (or guardian's partner) are hours when no other approved child care service is available; the child's guardian (or guardian's partner) is caring for three or more children who have not yet started school.

Street Address: 571 Kent Street Maryborough

P: (07) 4122 4153

M: 0429 632 798

E: angela.hauser@cofcqld.com.au

Web Site: www.cofcql.com.au

LOCAL AREA COORDINATION

(DEPARTMENT OF COMMUNITIES - DISABILITY SERVICES)

A program which supports individuals with a disability and their families and carers in the local communities of Gin Gin, Childers and Mt Perry.

Street Address: Shop 2/40 Mulgrave St, Gin Gin.

P: (07) 4157 3356 | 0423 847 066 **E:** Gillian.Nicholl@communities.qld.gov.au

MYTIME BUNDABERG

MyTime gives parents/carers the chance to socialise and share ideas with others who understand the rewards and intensity of the caring role. Parents can meet with people in similar circumstances to have fun, hear from others and find out about available community support. Research-based parenting information will also be available at group meetings

P: (07) 4121 7100

M: 0407 137 699

E: j.puller@noahsark.net.au

Web Site: www.noahsark.net.au

MONTROSE ACCESS

Work with children from 0-18 with physically disabling conditions of varying severity. Services include occupational therapy, physiotherapy, speech pathology, social work and recreation programs. Outreach to Bundaberg three times a year.

Street Address: Level 2, 20 Innovation Parkway Birtinya

P: (07) 5439 1302

M: 0416 275 883

E: csullivan@montroseaccess.org.au

Web Site: www.montroseaccess.org.au

DEPARTMENT OF COMMUNITIES (HOUSING & HOMELESSNESS SERVICE)

Street Address: 16 Quay Street Bundaberg

P: (07) 4131 5990

M: 0409 633 955

Web Site: www.housing.qld.gov.au

ENDEAVOUR FOUNDATION

Adults with intellectual disability reside in purpose built accommodation in an environment which places the least restriction possible on that resident.

Street Address: Enquiries at 9 Nixon Street Bundaberg

P: (07) 4131 9600

Web Site: www.endeavour.com.au

HOME MODIFICATIONS SERVICE - WIDE BAY REGION

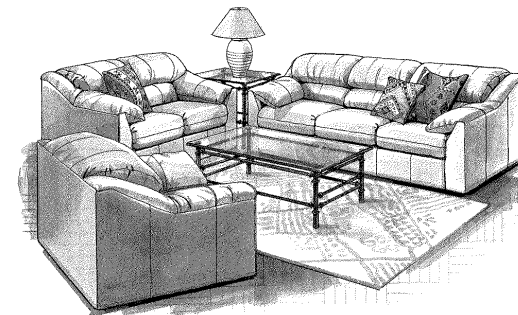
The service provides information, assessment, project coordination and/or financial assistance with larger home modifications, such as ramps, water-lifts, bathroom adaptations and other access issues.

Applicants must be HACC eligible - frail older people and people of any age with a disability and their carers.

Street Address: 133 Adelaide Street Maryborough

P: (07) 4123 5927

E: MajorMods@homessa.org.au



ADVOCACY

BUNDABERG REGION INDIVIDUAL ADVOCACY SERVICE, PEOPLE WITH DISABILITY AUSTRALIA

We provide free disability rights information, advice, referral and Individual advocacy support to any person with disability who lives in the Bundaberg Local Government Area. Family members, carers, disability workers and others can also ask us to assist a person with disability.

Street Address: Unit 14, Bundaberg Enterprise Centre, Cnr Quay & Tantitha Streets, Bundaberg

P: 1800 422 015 **TTY:** 1800 422 016 **E:** LukeG@pwd.org.au

Website: www.pwd.org.au

COMMONWEALTH RESPITE & CARELINK CENTRE

Street Address: 4 Adams Street Bundaberg

P: 1800 052 222

PARENT TO PARENT ASSOCIATION QLD INC

Parent to Parent provides a network for parents who have a son or daughter with a disability. Parents are linked with other parents, professionals, organisations or services for information and support. Parent to Parent welcomes families who are seeking support and also parents who would like to offer their support. The strength of the organisation comes from the shared knowledge, skills, experiences and common goals of the supporting and supported parents.

P: (07) 5472 7072 | 1800 777 723 **E:** parent@parent2parentqld.org.au

Web Site: www.parent2parentqld.org.au

QUEENSLAND AGED AND DISABILITY ADVOCACY INC (QADA)

Advocacy support for the client to be heard through providing accurate Information, support and/or presentation regarding access to and provision of services in residential care facilities (nursing homes/hostels).

QADA also has a legal advocacy service that assists adults whose decision making capacity is being questioned, with administration and guardianship matters including going through the Guardianship and Administration Tribunal (GAAT).

Street Address: Unit 10, 107 Boat Harbour Drive Pialba

P: 1800 818 338 **E:** info@qada.org.au

Web Site: www.qada.org.au

- Accommodation support—supporting individuals with complex/severe needs with daily living requirements eg personal care
- Early Intervention—family based, non-clinical support for children with a disability aged 0-8 years; and
- Post school services—supporting young adults with disabilities leaving school to transition into community through living skills/ social activities

Street Address: Shop 5/245 Bourbong St Bundaberg

P: (07) 4151 3260 **M:** 0429 644 687

E: cara@communitylsinc.com.au

ENDEAVOUR FOUNDATION

In-Home Support for people with a disability to assist them to maintain their independence and reside in their own homes.

Street Address: 9 Nixon Street Bundaberg

P: (07) 4131 9600

Web Site: www.endeavour.com.au

IMPACT MAKE YOUR MARK

LINKS Parenting Program provides assistance and support to parents with a disability and parents of a child with a disability. Parents will be provided with personalised and flexible services responding to their individual needs which will enhance their parenting capacity over the long term and help them build strong family units.

Providing Opportunities through Day Services (PODS) program is for young adults with disability aged 18-24. This program is developed to help young adults with disability transition smoothly into employment or further education and training.

Day time support allows them to develop and use their skills and abilities to enjoy social independence and reach their potential.

Personal Helpers and Mentors (PHAMS) program is designed for people whose lives are severely affected by mental illness. The program focuses on strengths – what people with mental illness can do rather than what they can't do. It focuses on recovery – demonstrating that people with mental illness can lead a fulfilled life in the community with the same opportunities as other people.

Street Address: 106-108 Bargara Road, Bundaberg QLD 4670

P: (07) 4153 4233

Freecall: 1800 179 233

E: mail@impact.org.au

Web Site: www.impact.org.au

CAPABILITY CONCEPTS INC (CCI)

Services to the frail aged and people with disabilities within the scope of our finances.

Street Address: 39 Mulgrave Street Gin Gin

P: (07) 4159 3860 (Office) **M:** 0417 816 800

E: dis.actiongroup@optusnet.com

CENTACARE - BUNDABERG COMMUNITY CARE SERVICE - HACC

This program is funded by Home and Community Care Program. HACC provides support to assist frail elderly and younger people with disabilities and their carers. The services provided depend on the needs of the client or carer ranging from assistance with daily living, general household tasks, transport, in home respite, personal care, social support, allied health including counselling, social work and client education and other tasks in response to individual needs.

Street Address: 79 Woongarra Street Bundaberg

P: (07) 4153 2532 **E:** info@centacarebundaberg.com.au

Web Site: www.centacare.net

CITICOAST GLOBAL CARE

Provide low cost groceries to the community and emergency food hampers.

Street Address: 140 Elliott Heads Road Bundaberg

P: (07) 4153 2577

Web Site: www.citicoastchurch.com.au

COMMUNITY CARE ACCESS POINT

Linking people to the care they need

P: 1800 600 300

COMMUNITY LIFESTYLE SUPPORT INC

This service assists people with a disability to establish a more independent lifestyle. The service provides support to people in their own home, with their family or in a home of their choice in the general community. Specific programs include:

- Community access support— eg assist personal shopping, banking
- In-home support— assist individuals with independent living skills in their own home

AIDS & EQUIPMENT

BUNDABERG DISABILITY RESOURCE CENTRE INCORPORATING THE TOY LIBRARY

A centralised information centre or a base where disability groups can circulate information. Provision of a lending service of specialised toys and therapy equipment for families and carers who have a person with special needs. Children with short-term special needs are also eligible to-borrow. Library also provides re-sources to teachers, therapists, and others working with special needs people. Also open for all members of the community. Meeting room available.

Street Address: 127 Woondooma Street Bundaberg

P: (07) 4153 2909 **E:** bundabergtoylibrary@bigpond.com

BUNDABERG MOBILITY CENTRE

Street Address: Shop 4/52 Enterprise Street Bundaberg

P: (07) 4153 6536

Website: www.bundabergmobility.com.au

BUNDABERG TALKING NEWSPAPER

Service Tapes for vision impaired people. Support for Blind and VIP Friendship Club. Volunteers are needed to read articles from daily Newsmail to a tape. The tape is then reproduced and mailed free to vision impaired clients.

P: (07) 4159 3262 AH | (07) 4131 5817 BH

DISABILITY AIDS EQUIPMENT

Disability equipment huge discounts equipment available fast delivery

Website: www.mobsol.com.au

HOME MODIFICATIONS SERVICE - WIDE BAY REGION

The service provides information, assessment, project coordination and/or financial assistance with larger home modifications, such as ramps, water-lifts, bathroom adaptations and other access issues.

Applicants must be HACC eligible - frail older people and people of any age with a disability and their carers.

Street Address: 133 Adelaide Street Maryborough

P: (07) 4123 5927 **E:** MajorMods@homessa.org.au

MEDICAL AID SUBSIDY SCHEME (MASS)

Medical Aids Subsidy Scheme (MASS) provides access to subsidy funding for the provision of MASS endorsed aids and equipment to eligible Queensland residents with permanent and stabilised conditions or disabilities. The range of MASS aids and equipment is selected to assist people to live at home and avoid premature or inappropriate residential care or hospitalization.

P: (07) 3136 3636

Website: www.health.qld.gov.au/mass to download application form or contact Commonwealth Respite and Carelink Centre on Freecall 1800 052 222

NATIONAL RELAY SERVICE

The NRS is an Australia-wide telephone access service provided for people who are deaf or have a hearing or speech impairment. It is also available to anyone who wants to call a person with a hearing or speech impairment.

P: 24 hr relay call numbers TTY/Voice 133 677

Speak & Listen (SSR) 1300 555 727

Web Site: www.relayservice.com.au

TECHNICAL AID TO THE DISABLED – KNOWN AS TADQ

TADQ is a not-for-profit organisation & registered charity that provides technical solutions & modified equipment to assist people with a disability & the frail aged with everyday life. This is done by highly skilled volunteers from design, engineering, trade or handy man backgrounds, for little or no cost.

Street Address: 10 Waterloo Street Newstead

P: (07) 3216 1733 | 1300 663 243 **E:** Kimberley@tadq.org.au

Web Site: www.tadq.org.au

WIDE BAY INCONTINENCE ADVISORY SERVICE

Incontinence assessment and aids.

P: (07) 4131 8750

E: s.ilett@bluecare.org.au

SUPPORT

BRAIN INJURY ASSOCIATION OF QUEENSLAND

Provides support, encouragement and information to people with brain injury, their families and carers. Aims to also:

- increase community awareness of the need for preventive measures, for further research and understanding by neurologists and neuropsychiatrists of individuals who have acquired brain injury and
- encourage the use of services, and funding, so that those with acquired brain injury may recover and/or be rehabilitated back into the community

Street Address: 3/162 Petrie Terrace Brisbane

P: (07) 3367 1049 | Regional Qld: 1800 673 074

E: biaq@braininjury.org.au **Web Site:** www.braininjury.org.au

BUNDABERG AUTISM SPECTRUM DISORDER SUPPORT GROUP

Support to families, carers and individuals affected by autism. Meetings with Guest Speakers and social activities on a regular basis.

Street Address: 111 Targo Street Bundaberg

P: (07) 4151 7360 **M:** 0437 538 929

Web Site: www.autismqld.com.au

Meeting Place: Bundaberg Neighbourhood Centre, 111 Targo Street

Operating/Meeting Times: Committee Meetings 2nd

Wednesday of each month at 7.00pm. Coffee and Chat meetings 2nd

Friday of each month at 9.30am to 12noon.

BUSH CHILDREN'S HEALTH SCHEME

Assist children (aged up to 13 years) experiencing emotional, social, behavioural difficulties at home or school.

Provide a range of early intervention services which address the ongoing physical, psychological and developmental well-being of children of the Bundaberg district.

Occupational Therapist, Speech Therapist, Physiologist.

Street Address: 57 Maryborough Street Bundaberg

P: (07) 4152 3799 **E:** bbg@bushkids.org.au

Web Site: www.bushkids.org.au

SOCIAL ACTIVITIES

Including singing, supper, games, craft, dancing, general entertainment, bingo, videos, theatre, dining out and other outings.

Crossroads Bundaberg P: (07) 4152 4683 | (07) 4151 0534

SOCIAL ACTIVITIES

Sporting Wheelies & Disabled Sports & Recreation Association of QLD

P: (07) 4152 2555

SWIMMING (COMPETITIONS)

Fairymead Swimming Club P: (07) 4151 2655 M: 0431 254 944

E: fairymead@widebayswimming.org.au

SURFING

Learn to Surf instruction. All equipment provided.

Surfschool Barga P: (07) 4159 0668 M: 0416 002 931

E: mmoller@tpg.com.au

Web Site: www.surfingqueensland.com.au

TENPIN BOWLING

Meeting Place: 17 Lester Street Bundaberg

Operating/Meeting Times: Monday nights at 5.45pm and Saturday morning at 9.00am.

Bundaberg Tenpin Bowling Club P: (07) 4152 4334

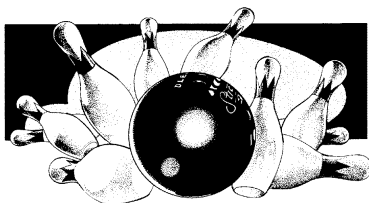
WHEELCHAIR DANCING

Burnett Respite Services Inc (Carinbundi) P: (07) 4151 6811

Y-BALL

For anybody with a disability that would like to be a part of team sports.

YMCA P: (07) 4132 8226



CARER SUPPORT

BURNETT RESPITE SERVICES INC (CARINBUNDI)

Street Address: 52A Hinkler Avenue Bundaberg

P: (07) 4151 3510

E: carinbundi@carinbundi.com.au

Web Site: www.carinbundi.com.au

BOYSTOWN (PARENTLINE)

Parentline is a confidential telephone counselling service aimed at providing professional counselling and support for parents and all who have the care of children.

P: 1300 301 300

Web Site: www.parentline.com.au

CARERS QUEENSLAND

Carers Queensland is dedicated to supporting carers in Queensland through: the provision of information and support; community development and counselling. Carers Queensland is also committed to advancing the recognition of the role of carers through ongoing advocacy, negotiation and communication with Government (at all levels), Service Providers and other Community Agencies

Street Address: 10/107 Boat Harbour Drive Pialba

P: (07) 4124 7977

M: 0408 233 690

E: drunnalls@carersqld.asn.au

Web Site: www.carersqld.asn.au

CENTRELINK

Street Address: 26 Woongarra Street Bundaberg

P: Disabilities & Carers: 132 717

Web Site: www.centrelink.gov.au



COMMONWEALTH RESPITE AND CARELINK CENTRE

'Services for Carers' – You Are Not Alone

The Centre is also a single point of contact when you require information, assistance or support to arrange respite care. Staff can assist you to take a break from your caring role based on your needs. Services include:

- Explaining flexible respite care options available to you and referral to appropriate agencies
- Residential respite booking service
- 24 hour response to assist carers in emergencies

Street Address: 4 Adams Street Bundaberg

P: Freecall 1800 052 222

IMPACT MAKE YOUR MARK

LINKS Parenting Program provides assistance and support to parents with a disability and parents of a child with a disability. Parents will be provided with personalised and flexible services responding to their individual needs which will enhance their parenting capacity over the long term and help them build strong family units.

Street Address: 106 – 108 Bargara Road Bundaberg

P: (07) 4153 4233 **Freecall:** 1800 179 233

E: mail@impact.org.au **Web Site:** www.impact.org.au

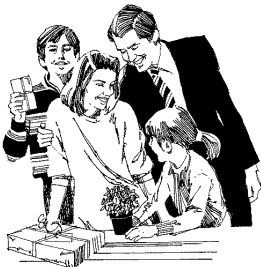
MYTIME BUNDABERG

MyTime gives parents/carers the chance to socialise and share ideas with others who understand the rewards and intensity of the caring role. Parents can meet with people in similar circumstances to have fun, hear from others and find out about available community support. Research-based parenting information will also be available at group meetings

P: (07) 4121 7100

M: 0407 137 699

E: j.puller@noahsark.net.au **Web Site:** www.noahsark.net.au



BUNDY DEAF COMMUNITY

A social community for deaf and hearing people to meet. The community organizes a variety of activities for its members such as 10 pin bowling, fishing, BBQs, dinners and picnics.

P: (07) 4151 6709

HOLIDAY ACCOMMODATION

A budget priced retreat in a bush setting for people with disabilities and the disadvantaged. The retreat is also now open for use to the general public to help raise funds to keep the retreat operational and continue improvements. Located 23 kms from Agnes Water.

Facilities include: Bunkhouse style accommodation available, camping and caravans also welcome. Community kitchen (fully equipped), eating & entertainment areas. Coin operated laundry. Bird Watching, Kangaroos, Native Flora, Large Dam, Sporting Equipment, Books, Jigsaw Puzzles. Also available for School & Church camps, Workshops etc.

Street Address: Lot 1/642 Murphy Road Captain Creek

The Bradley Wolf Braeve Heart Retreat Association **P:** (07) 4974 7004

E: braeveheartretreat@bigpond.com

HYDROTHERAPY

Community Lifestyle Support Inc **P:** (07) 4151 3260

SAILABILITY BUNDABERG INC

Recreation Sailing for People with Disabilities and anyone interested in Sailing

Meeting Place: Bundaberg Sailing Club

Operating/Meeting Times: Wed-Thurs 9am-1pm or as arranged

Community Lifestyle Support Inc **P:** (07) 4151 3260



SOCIAL ACTIVITIES

Activities include passive exercises & chat time, country drives, shopping day @ Hinkler, music, picnics, fish n chips at the Beach, arm chair travel to different countries, pick a box, men's group, reminiscing sessions, craft, indoor bowls, cards and crib, creative art, quizzes, pamper sessions for the ladies and old time dancing.

Gracie Dixon Respite Centre **P :** (07) 4130 4120

SOCIAL & CULTURAL ACTIVITIES

ART AND CRAFT

YMCA P: (07) 4132 8226

Burnett Respite Services Inc (Carinbundi) P: (07) 4151 6811

AVENELL FUN SEEKERS Workshop Activities and Socializing .

Burnett Respite Services Inc (Carinbundi) P: (07) 4151 6811

AVENELL HALL ACTIVITY CENTRE

Burnett Respite Services Inc (Carinbundi) P: (07) 4151 6811

BUNDABERG SPECIAL OLYMPICS

Sporting for people with an intellectual disability.

P: (07) 4151 4947 AH | (07) 4152 9111 BH

M: 0427 771 111

E: sobundaberg@hotmail.com



COMMUNITY ACCESS AND RECREATION

For adults who have difficulty getting out into the community. We use a bus that seats 14 and has 3 wheelchair spaces. The Secretary, President and members assist one another as needed. The bus we use is owned and driven by Council on the Ageing.

Meeting Place: Family Centre Bundaberg Showgrounds

Operating/Meeting Times: Meets on the second Friday of each month at 10.15am. Outing - last Friday of each month.

Bundaberg Access And Recreation Club Inc P: (07) 4152 6245

COOKING

Healthy Lifeskills and cooking program. Places are limited so you need to register your interest in this activity.

YMCA P: (07) 4132 8226



DAY PROGRAM

YMCA P: (07) 4132 8226

EDUCATION & TRAINING

EARLY INTERVENTION

COMMUNITY LIFESTYLE SUPPORT INC

Is a non clinical supported program focuses on assisting children aged 0-8 with a disability and their families access to local community resources. Early Intervention Program includes:

- In-home support,
- Centre based supported playgroup at Old Barolin School located on Elliott Heads Road; and
- Access to other community services.

Street Address: Shop 5/245 Bourbong St Bundaberg

P: (07) 4151 3260 M: 0429 644 687

E: cara@communitylsinc.com.au

BUNDABERG SPECIAL SCHOOL

Alternative Education Curriculum for children and youth 5 years to 18 years.

Street Address: Dr Mays Road Bundaberg

P: (07) 4155 5222 E: admin@bundaberspecs.eq.edu.au

Web Site: www.bundaberspecs.eq.edu.au

PRIMARY EDUCATION

AVOCA STATE SCHOOL

Street Address: Twyford Street Bundaberg

P: (07) 4150 0444

BUNDABERG CENTRAL STATE SCHOOL

Street Address: 13 Crofton Street Bundaberg

P: (07) 4150 7666

BUNDABERG EAST STATE SCHOOL

Street Address: 33 Scotland Street Bundaberg East

P: (07) 4132 6111

BUNDABERG NORTH STATE SCHOOL

Street Address: Mount Perry Road Bundaberg North

P: (07) 4150 1111

BUNDABERG SOUTH STATE SCHOOL

Street Address: Walla Street Bundaberg South
P: (07) 4151 3813

BUNDABERG WEST STATE SCHOOL

Street Address: George Street Bundaberg West
P: (07) 4151 3287

CHILDERS STATE SCHOOL

Street Address: Mungomery Street Childers
P: (07) 4192 1333

GIN GIN STATE SCHOOL

Street Address: 13 May Street Gin Gin
P: (07) 4133 2333

KALKIE STATE SCHOOL

Street Address: Bargara Road Bundaberg
P: (07) 4150 7444

NORVILLE STATE SCHOOL

Street Address: Dr Mays Road Bundaberg
P: (07) 4132 6333

WALKERVALE STATE SCHOOL

Street Address: 46a Hurst Street Bundaberg
P: (07) 4151 4800

WOONGARRA STATE SCHOOL

Street Address: 468 Elliott Heads Road Bundaberg
P: (07) 4159 3212

SECONDARY EDUCATION

TRANSITION OFFICER (EDUCATION QLD)

A program to assist students with a disability (over 15 years of age in state schools in Wide Bay), teachers, and parents & carers to plan for students moving into the community, accessing education, employment and services as required.

Street Address: Bundaberg Special School, Dr Mays Rd. Bundaberg .
P: (07) 4155 5218 **M:** Sharon - 0409 721 158

HOST HOME PROGRAM

Host Home Services offer supported accommodation respite for families and clients, frail aged, mental health, disabilities, crisis and emergency care. Private, approved organisation in a home based family model of care. Qualified host home staff hold blue cards, first aid and relevant qualifications.

P: (07) 3901 1165 **M:** 0411 197 165 AH

E: recruitment@carerslink.com.au

Web Site: www.carerslink.com.au

ISIS COMMUNITY CARE

Auspiced by the Bundaberg Regional Council, this flexible service provides Home and Community Care to the Childers and surrounding District to maintain the quality of life for the frail, aged, younger people with a disability and their carers. Options: domestic assistance, respite, day care, transport and home maintenance to support those living independently in the community.

Street Address: 69 Churchill Street Childers

P: (07) 4130 4690 **M:** 0427 586 420

E: hacc@bundaberg.qld.gov.au

Web Site: www.bundaberg.qld.gov.au

KOLAN COMMUNITY OPTIONS

This flexible service, auspiced by the Bundaberg Regional Council, includes domestic assistance, social support, respite and day care, transport and home maintenance to maintain people in their own homes in the community.

Street Address: 39 Mulgrave Street Gin Gin

P: (07) 4130 4626 **M:** 0414 684 797

E: kcc@bundaberg.qld.gov.au

STEPS COMMUNITY SERVICES

In-home respite: support workers assist at home, giving the care-giver an interval of rest.

Street Address: 21 Mulgrave Street Gin Gin

P: (07) 4157 2884 **M:** 0427 146 423 **E:** heatherr@steps.net.au

Web Site: www.steps.net.au

WANDINY HOME AND COMMUNITY CARE

Street Address: QRI Hall McLean Street Bundaberg

P: (07) 4153 6616 | (07) 41536670

M: 0408 536 616

E: bathcc@bigpond.com

CENTACARE - BUNDABERG COMMUNITY CARE SERVICE - HACC

This program is funded by Home and Community Care Program. HACC provides support to assist frail elderly and younger people with disabilities and their carers. The services provided depend on the needs of the client or carer ranging from assistance with daily living, general household tasks, transport, in home respite, personal care, social support, allied health including counselling, social work and client education and other tasks in response to individual needs.

Street Address: 79 Woongarra Street Bundaberg

P: (07) 4153 2532 **E:** info@centacarebundaberg.com.au

Web Site: www.centacare.net

COMMONWEALTH RESPITE AND CARELINK CENTRE

Street Address: 4 Adams Street Bundaberg

P: Freecall 1800 052 222

COMMUNITY LIFESTYLE SUPPORT INC

Street Address: Shop 5, 245 Bourbong St, Bundaberg

P: (07) 4151 3260

GRACIE DIXON RESPITE CENTRE

Auspiced by the Bundaberg Regional Council, this service provides day respite so as to maintain the quality of life for the frail, aged, younger people with a disability and their carers.

This is achieved through the provision of a quality centre based activity program six days per week incorporating social support, socially isolated program and education.

Assistance can be sought or a referral given by anyone including individuals, relatives, friends, GP's .

Street Address: 45 Woondooma Street Bundaberg

P: (07) 4130 4120 **E:** graciaded@bundaberg.qld.gov.au

Web Site: http://bundaberg.qld.gov.au/

BUNDABERG NORTH STATE HIGH SCHOOL

Street Address: Marks Street Bundaberg North

P: (07) 4151 1455

BUNDABERG STATE HIGH SCHOOL

Street Address: Maryborough Street Bundaberg

P: (07) 4154 5333

GIN GIN STATE HIGH SCHOOL

Street Address: Bundaberg Road Gin Gin

P: (07) 4157 2165

ISIS DISTRICT STATE HIGH SCHOOL

Street Address: 3 Ridgway Street Childers

P: (07) 4192 1222

KEPNOCK STATE HIGH SCHOOL

Street Address: Kepnock Road Bundaberg

P: (07) 4131 1888

FURTHER EDUCATION

CQ UNIVERSITY AUSTRALIA, BUNDABERG CAMPUS

Street Address: University Drive Bundaberg

P: (07) 4150 7177 **E:** bundaberg-enquiries@cqu.edu.au

Web Site: www.cquni.edu.au

IMPACT MAKE YOUR MARK

The Providing Opportunities through Day Services (PODS) program is for young adults with disability aged 18-24. This program is developed to help young adults with disability transition smoothly into employment or further education and training.

Day time support allows them to develop and use their skills and abilities to enjoy social independence and reach their potential.

Street Address: 106 – 108 Bargara Road Bundaberg

P: (07) 4153 4233

Freecall: 1800 179 233

E: mail@impact.org.au

Web Site: www.impact.org.au

ENDEAVOUR FOUNDATION

Learning and Lifestyle - Weekday service, which provides programs and activities for adults with intellectual disability.

Post School Services - transitional program for young people with a disability from 18-25 years of age.

Street Address: 9 Nixon Street Bundaberg

P: (07) 4131 9600

Web Site: www.endeavour.com.au

LATCH-ON (LITERACY AND TECHNOLOGY HANDS ON)

Latch-On is a literacy and technology program for young adults with a disability. The Latch-On program is offered to groups of six students aged from 18 years. Each group attends two days a week and students graduate after two years. Special features of the program include:

- Small group and individual tuition
- Access to computer technology including email, Internet and word processing
- Linking of computer based learning with traditional approaches to literacy teaching
- Access to the community
- Evaluation component, monitoring ongoing literacy and personal development
- Health and fitness component

Street Address: 9 Nixon St Bundaberg

P: (07) 4131 9606 **M:** 0411 214 366 **E:** j.lyle@endeavour.com.au

Web Site: www.endeavour.com.au

NATIONAL DISABILITY COORDINATION OFFICER

Assists students to study at university and TAFE, and then move into employment.

P: (07) 4922 6122 **M:** 0407 226 147

WIDE BAY INSTITUTE OF TAFE

Street Address: 118 Walker Street Bundaberg

P: 1300 656 188

E: enquiries.wbit@deta.qld.gov.au

Web Site: www.widebay.tafe.qld.gov.au

WIDE BAY VOLUNTEERS

Street Address: Level 1, Volunteer House 78 Woongarra Street Bundaberg

P: (07) 4151 6644

E: info@widebayvolunteers.org.au

Web Site: www.widebayvolunteers.org.au

RESPITE

Please note, specific support may vary from service to service and you are encouraged to use the contact details provided for further information.

BARGARA DAY RESPITE

Auspiced by the Bundaberg Regional Council, this service provides respite to maintain and promote independence and to provide an opportunity for people to socialise with others in a club-like environment.

P: (07) 4130 4120

E: gracied@bundaberg.qld.gov.au

Web Site: www.bundaberg.qld.gov.au

BLUE CARE

Provision of low care and high care aged residential care as well as respite, disability, counselling and chaplaincy services in the Central Queensland and Wide Bay Region.

Street Address: 341 Bourbong Street Bundaberg

P: (07) 4131 8700

Web Site: www.bluecare.org.au

BLUE CARE RESPITE SERVICES

Centre-based and in-home respite provided for younger people with disabilities, frail aged people and people with dementia. Emergency overnight accommodation may be arranged under certain circumstances.

Street Address: 22 May Street Bundaberg

P: (07) 4152 7440

M: 0417 776 434

E: j.rice@bluecare.org.au

Web Site: www.bluecare.org.au

BURNETT RESPITE SERVICES INC (CARINBUNDI)

Short term respite in both adult and children's facilities,

Street Address: 52A Hinkler Avenue Bundaberg

P: (07) 4151 3510

E: carinbundi@carinbundi.com.au

Web Site: www.carinbundi.com.au

YOUNG LIVES MENTAL HEALTH AND WELLBEING ASSESSMENT

SERVICE

Young Lives: Mental Health and Wellbeing Assessment Service is a community focused service that aims to provide responsive, appropriate and comprehensive mental health and wellbeing assessment and care to all children, adolescents and young persons (up to 25 years of age) experiencing serious and/or complex mental health and wellbeing conditions.

P: (07) 4123 5077 **M:** 0422 318 473

E: Brady_James_Young@younglivesmentalhealthandwellbeingassessmentservice.org

Web Site: www.younglivesmentalhealthandwellbeingassessmentservice.org

YOUTH SERVICES BUNDABERG - YOUTH MENTAL HEALTH

Counselling , Advocacy, Programs and Case Management Young People 12 - 24years.

Street Address: 2-3/46 Maryborough Street Bundaberg

P: (07) 4151 7773 | (07) 4153 2227

M: 0407 371 802 Community Liaison Coordinator

E: administration@youthservices.com.au

Web Site: www.youthservices.com.au



EMPLOYMENT

BIGA LTD

Employer of apprenticeships and trainees.

Street Address: Shed K, 96 Mt Perry Road North Bundaberg

P: (07) 4152 7333 **E:** widebay@biga.com.au

Website: www.biga.com.au

CENTRELINK

Street Address: 26 Woongarra Street Bundaberg

P: Employment Services: 132 850

Web Site: www.centrelink.gov.au

COMMUNITY SOLUTIONS

Street Address: Units 16 & 17 Bundaberg Enterprise Centre,
Cnr Tantitha & Quay Streets Bundaberg

P: (07) 4151 6155 **M:** 0417 104 488

E: bbadmin@community-solutions.com.au

W: www.community-solutions.com.au

CRS AUSTRALIA

Assistance to people with injury/disability to identify the barriers to employment and develop strategies to overcome those barriers, gain and maintain employment. Other services include: professional assessment, injury prevention and training, return to work programs and disability and injury consulting.

Street Address: 110 Targo Street Bundaberg

P: (07) 4151 9600 **E:** kay.littler@crsaustralia.gov.au

Web Site: www.crsaustralia.gov.au

ENDEAVOUR INDUSTRIES

Provide employment opportunities for people with disability. The service offers people with disabilities the opportunity to develop their skill base through training & involvement in a range of commercial ventures.

Street Address: 7 Fitzgerald Street Bundaberg

P: (07) 4152 1570

Web Site: www.endeavour.com.au

IMPACT MAKE YOUR MARK

Disability Employment Network Services provides assistance for people with disabilities to prepare for, gain and retain employment in the community.

Australian Disability Enterprise, IMPACT Recycling and Collections gives workers with a disability hands on experience in a safe workplace that enhances their chances of obtaining employment.

Street Address: 106 – 108 Bargara Road Bundaberg

P: (07) 4153 4233

Freecall: 1800 179 233

E: mail@impact.org.au

Web Site: www.impact.org.au

STEPS EMPLOYMENT

Organisation aims to:

- Obtain positions in open employment for people with disabilities
- Provide pre and post placement services to ensure successful long-term employment.
- Provide on the job support to clients and maintain regular contact with employers.
- Ensure appropriate working conditions and benefits such as: Job Security, Job Mobility and Workplace Modifications, Leave Entitlements are commensurate with those enjoyed by the general workforce; and
- Achieve integration opportunities within open employment that reflect the client's career interests.

Street Address: 3/2 Bourbong Street Bundaberg

P: (07) 4150 1900

E: bundaberg@steps.net.au

Web Site: www.steps.net.au

WIDE BAY GROUP TRAINING

Employer of apprenticeships and trainees.

Street Address: 27a Electra Street, Bundaberg

P: (07) 4153 4722

Web Site: www.wbgt.com.au

WIDE BAY VOLUNTEERS

Street Address: Level 1, Volunteer House 78 Woongarra Street Bundaberg

P: (07) 4151 6644

E: info@widebayvolunteers.org.au

Web Site: www.widebayvolunteers.org.au

OASIS HOUSE - OASIS PEER SUPPORT GROUP INC

Oasis House provides crisis and medium/long term accommodation with limited support for mental health consumers. Kickstart Program Wednesday 9.00am to 12noon.

Street Address: 1 Maynard Street Bundaberg

P: (07) 4151 0811 | (07) 41597173

E: ramjviss@skymesh.com.au

OZCARE - MENTAL HEALTH RECOVERY PROGRAM

To assist the client to achieve their desired independence and social ability within a recovery framework. The Recovery Program works within a network of community services both clinical and non-clinical with the aim of supporting clients navigate between agencies to have fair and equitable services provided to fulfil their needs.

Street Address: 73 Woongarra Street Bundaberg

P: (07) 4131 4250

WIDE BAY INTEGRATED MENTAL HEALTH SERVICE (WBIMHS)

The Wide Bay Integrated Mental Health Service provides specialised mental health assessment, treatment and support to people with serious mental illness, their families and carers. Includes 8 bed inpatient unit, Adult Community Mental Health and Child and Youth Community Mental Health.

Street Address: Bourbong Street Bundaberg

P: (07) 4150 2500

WOMEN'S MENTAL HEALTH SUPPORT GROUP

Opportunity to extend friendship network, access to information, books and videos, emotional support and education. Morning Tea provided.

P: (07) 4151 4605

E: dell.1@bigpond.com

KICKSTART

A weekly activity and social group that provides opportunities for mental health consumers and carers to socialise and be part of a supportive environment and take part in such activities such as craft, cooking, games and bus trips.

Street Address: 1 Maynard Street Bundaberg

P: (07) 4151 0811

E: ramjviss@skymesh.com.au

MENTAL HEALTH CARERS— ARAFMI QLD

ARAFMI support group meets twice monthly to help carers cope with their relatives or friends mental health problem. By sharing similar experiences members of the group develop skills for coping and exchange useful strategies. Groups are supportive and positive and members are willing listeners who really understand. All information shared within the group is kept confidential. ARAFMI also provides a 24 hour phone support line for carers. Carers can call for free from anywhere in Queensland through 1800 351 1881.

P: Dell (07) 4151 4605 | 24 Hour Carer Support: 1800 351 881

E: dell.1@bigpond.com

Web Site: www.arafmiqld.org

MENTAL ILLNESS EDUCATION QLD INC (MIE)

Mental Illness education is a program which aims to promote a better understanding among people about mental illness and to encourage an awareness of mental health in relation to themselves, their families and friends.

The core of our operation is the involvement of presenters who have personal experience of mental illness and who visit schools and community organisations to provide information and stimulate discussion on mental health issues. We are always looking for volunteer presenters.

P: (07) 4151 0831

E: mattvicanna@bigpond.com

FUNDING

DEPARTMENT OF COMMUNITIES (DISABILITY SERVICES)

Disability Services works in partnership with non-government service providers to help people with a disability and their families to access the support and services they need as they move through the different stages of their life.

To be eligible to apply for specialist disability services, a person must have a disability as defined by the *Disability Services Act 2006* (Qld) and meet the Queensland and Australian residency criteria an applicant's disability must:

1. be attributable to an intellectual, psychiatric, cognitive, neurological, sensory or physical impairment (or combination); and
2. be permanent or likely to be permanent; and
3. have occurred before the age of 65 years of age; and
4. result in a severe activity limitation or restriction in participation in self-care/ management, interpersonal relationships, communication, mobility, learning or applying knowledge; and
5. result in a need for ongoing significant disability supports.

Referrals to specific programs are determined via an intake process, or from the information provided on a single application form.

- Copies of the Application for Support are available at any Disability Service Centre or www.disability.qld.gov.au
- Applications for Support can be completed by a person with a disability over the age of 18, by a family member, a carer, an advocate or service provider.
- If you have previously registered but have not submitted at least one program specific application form, a full Application for Support will need to be submitted
- If you have experienced a significant change in circumstances (such as moving out of the family home or existing school), an Application Update Form should be completed.

Forms are checked and if additional information is required, the applicant or their primary contact person will be notified. An application for support does not guarantee access to Disability Services provided or funded specialist disability services. Support is provided according to available resources.

Street Address: Ground Floor 46 Quay Street Bundaberg

P: (07) 4131 5417

Web Site: www.disability.qld.gov.au

CENTRELINK

Bundaberg Centrelink offers a range of government services and payments to help people with a disability, their families and carers. The CSC can offer advice on income support and family assistance as well as provide access to specialist staff including Social Workers, Financial Information Service Officers, Multicultural Service Officers, Indigenous Services Officers and Rural Services Officers.

Street Address: 26 Woongarra Street Bundaberg

P: Appointments:131 021 Families: 136 150 Disabilities & Carers: 132 717

Web site: www.centrelink.com.au

MEDICARE

Medicare offers the following specific assistance for people with autism of a chronic medical condition and complex care needs:

Helping children with autism: This initiative has created new items in the Medicare Benefits Schedule, funds training for teachers and support play-groups, early intervention and individual assistance packages for children with autism or other pervasive development disorder (PDD).

For more information please contact:

P: (02) 62894297 or for enquiries epc.items@health.gov.au

Website: www.health.gov.au/autism

Medicare Rebates for Allied Health Services - Patients with a chronic medical condition and complex care needs: You may be able to claim a Medicare rebate for allied health services if you have a chronic medical condition that is being managed by your GP under an Enhanced Primary Care (EPC) Plan.

Medicare benefits are also available for a range of other allied health services for eligible patients including: Aboriginal and Torres Strait Islander descent, have Type 2 diabetes, have an assessed mental health disorder, are a child with autism or PDD (see above) or a woman concerned about a current pregnancy or one that occurred in the previous 12 months.

For more information please contact Medicare Australia on:

P: 132 011 or via

Website: www.health.gov.au (Department of Health & Ageing)

BUNDABERG CONSUMER ADVISORY GROUP INC

Bundaberg Consumer Advisory Group (BCAG) is the 'Formal Mechanism' for Consumer and Carer involvement and input into the Mental Health Service for Bundaberg and District. BCAG is made up of consumers and carers from all areas of the community, its aim is to promote consumer and carer empowerment within mental health. BCAG Inc works with the mental health service to ensure the best possible service for all consumers and carers and is supported by the Wide Bay Integrated Mental Health Service. Membership is open to all mental health consumers and carers, and also welcomes Associate membership from the wider community.

P: Dell (07) 4151 4605 | Noel (07) 4153 6255

E: dell.1@bigpond.com

COMMONWEALTH RESPITE & CARELINK CENTRE

Street Address: 4 Adams Street Bundaberg

P: Freecall 1800 052 222

IMPACT MAKE YOUR MARK

Mental Health Carers Support Service provides personalised support for carers, family members and relatives of people with mental illness. The program provides long term, personalised, one on one support, links with community agencies and services, access to information with educational opportunities while supporting community education and understanding of mental health issues.

Chillin' provides young carers with a time-out session, while allowing them to learn and understand mental health in a relaxed environment with peers experiencing similar situations.

Kids Club offers support for primary school aged children to learn about mental illness in a safe and fun environment with activities to help build bond, friendship and trust.

Street Address: 106-108 Bargara Road Bundaberg

P: (07) 4153 4233 **E:** mail@impact.org.au

Web Site: www.impact.org.au

MENTAL HEALTH SERVICES

BRIDGES ALIGNED SERVICES INC

Bridges Clubhouse - Psychosocial rehabilitation program for people with mental illness and mental health disorders. Main activities include a structured 'work ordered day', social and recreational activities, non-clinical counselling, employment and education assistance, advocacy and individual practical support. Focus on recovery, building self-esteem, developing friendships and networks and linking in with other programs and services in the community.

Bridges R & R program - Social, recreational and educational activities for people with severe mental illness and mental health disorders. Monthly calendar available on activities such as art classes, leatherwork, low impact social fitness and sporting activities e.g. table tennis, aqua aerobics, daily walks etc. These activities provide an opportunity for people to socialize, have fun, provides respite, and improves both physical and mental health.

Street Address: 341-F Bourbong Street (next to Blue Care) Bundaberg

P: (07) 4154 2300 **M:** 0405 314 732

E: admin@bas.org.au

BUNDABERG CHILD & YOUTH MENTAL HEALTH SERVICE (CYMHS)

Provides a community-based free and confidential service for children, young people (and their families) who are at risk of developing, or are experiencing, mental health problems.

Street Address: Bundaberg Base Hospital (behind main hospital block)

P: (07) 4150 2620



HEALTH

ACQUIRED BRAIN INJURY OUTREACH SERVICE - STEPS PROGRAM

STEPS - ABIOS offers a six week group program for adults with Acquired Brain Injury or Stroke and their families and friends. The program aims to improve community participation, using a self-management approach.

Street Address: Level 3, Buranda Plaza, Ipswich Road Buranda

P: (07) 3406 2311 **E:** steps@health.qld.gov.au

AUSTRALIAN HEARING

A full range of hearing rehabilitation services including hearing tests, fitting of a wide range of most modern digital hearing aids, hearing aid repair and batteries. Pensioners may make direct contact. Children need to be referred from GP and screened by Child Health first (4150 2700). Now visiting - Bargara, Childers, Gayndah and Monto.

Street Address: 62 Woondooma Street Bundaberg

P: (07) 4152 3833 **Web Site:** www.hearing.com.au

BETTER HEARING AUSTRALIA BUNDABERG INC

A Community Support Service for the hearing impaired and their families. Provide hearing rehabilitation sessions including lip reading and signed English classes for the hearing impaired and community education through talks to community groups.

Street Address: 78 Woongarra Street Bundaberg

P: (07) 4153 4699

BLUE CARE THERAPY SERVICES

Provide professional Allied Health Services to frail aged and younger disabled people and their carers. Services aim to maintain optimum levels of independence and well being by delivering:

- physiotherapy,
- occupational therapy,
- podiatry and dietetic services.

Street Address: River Terrace Bundaberg

P: (07) 4153 0521 **E:** bundy.therapy@bluecare.org.au

Web Site: www.bluecare.org.au

BUSH CHILDREN'S HEALTH SCHEME

Assist children (aged up to 13 years) experiencing emotional, social, behavioural difficulties at home or school. Occupational Therapist, Speech Therapist, Physiologist.

Street Address: 57 Maryborough Street Bundaberg

P: (07) 4152 3799 **E:** bbg@bushkids.org.au

Web Site: www.bushkids.org.au

DEAF SERVICES QUEENSLAND

Community support and advocacy for deaf and hearing impaired people and their families. Services provided include: Auslan, interpreting service, community services, community education and sign language courses.

Street Address: 26 Wilson Street Maryborough

P: (07) 4121 5222

Web Site: www.deafservicesqld.org.au

GUIDE DOGS QUEENSLAND

Guide Dogs Queensland is the State's leading provider of Rehabilitation and Guide Dog services. Our services are provided throughout the State, free of charge, to blind and vision impaired Queenslanders. Those services include:

- Orientation and Mobility training using long canes and other electronic travel aids.
- Breeding and training of Guide Dogs, for placement with clients.
- Provision of Special Education training to blind and vision impaired school children.
- Rehabilitation counselling for clients and their families.
- Assistance in establishing and maintaining Support Groups statewide.
- Assistance in coordinating and facilitating Low Vision clinics statewide.
- Conducts a variety of community and professional education programs. These can be adapted to medical and paramedical professionals, vision impairment program staff, carers and HAAC workers, school teachers and the wider commercial organisations.

P: (07) 3261 7555 or 1800 810 122 (freecall)

E: admin@guidedogsqld.com.au

Website: www.guidedogsqld.com.au

LIONS LOW VISION CLINIC

Bi-monthly clinic by appointment only. A free service for newly diagnosed people. Clients are assessed by an Optometrist, Social Worker, Occupational Therapist and a mobility/Orientation Instructor. Offer peer support and equipment demonstrations. Referral from optometrist/ophthalmologist is necessary.

Street Address: Occupational Therapy, Bourbong Street Bundaberg

P: (07) 4150 2590 **M:** 0428 196 042

OZCARE COMMUNITY SERVICES

In home assessment, before or after hospital admission, general nursing care, wound care, immunisation, veterans affairs, nursing private packages, continence assessments, palliative care, Mental Health and Allied Health.

Programs include: in-home respite, Personal Care, Social Support, Domestic Assistance, High and Low Care packages, in home respite for dementia and behavioural problems and veteran home care

Street Address: 73 Woongarra Street Bundaberg

P: (07) 4131 4250 **Email:** comcare.bundaberg@ozcare.org.au

Web Site: www.ozcare.org.au

RETINA AUSTRALIA (QLD) INC

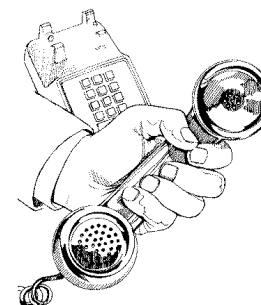
Information and peer support for people affected by retinal eye disease. Community awareness, fundraising for research and advocacy.

Street Address: 46 George Street Brisbane

P: (07) 3003 0065 | 1800 000 999 | Wide Bay-Burnett 4126 8160

E: trishys@queenslander.net or admin@retinaqld.org.au

Web Site: www.retinaqld.org.au





BUNDABERG

5 Bingera Street

Phone: (07) 4130 7500

or 1300 885 373

Helping families build stronger
relationships, pathways and
referrals through:

- **Community Information & Referral** to other services for people with disabilities and their families.
- **Resources**—Access to our library of books & DVD's, online and phone services.
- **Guidance** on developing working parenting arrangements after family separation including parenting plans.
- **Parenting Help**—information about the impact of conflict on children

For information visit:
www.familyrelationships.gov.au



An Australian Government Initiative